



FIRST EXCHANGE: Members of the winning South West team (centre) were first to make the exchange from the run to the sole bike leg at the Macqueripe Road segment of the CCC Endurance Relay Run on Saturday.

South West the strongest in Relay Run

THE SOUTH West region won the Civilian Conservation Corps (CCC) Endurance Relay Run that proceeded from Macqueripe Car Park to Teteron Barracks in Chaguaramas on Saturday.

The nine-mile course saw nine trainees from each region making up the relay, according to CCC warrant officer Nicole Kistow, who is also the sports development officer of the CCC. The nine-leg event saw trainees from North East, North Central, North West, Central South West, South Central, South East and Tobago Regions taking part. Of the nine legs, one involved cycling, while in one of the other running legs, trainees had to carry a 20lb Alice (weight) pack on their backs.

Following South West in the runners-up position were South Central while North West placed third and Central fourth.



EXHAUSTED: A tired-looking Central runner hands over to his teammate during the CCC Endurance Relay Run.



ON YOUR MARK, GET SET, GO: Runners from the eight regional teams are all set to get the nine-mile event underway at the start at Macqueripe Bay. —Photos: CURTIS CHASE



IN STRIDE: This South West runner leads the way for his team as he approaches the relay exchange.